

Ultralight weekend contest rules

- You must be sheltered for sleeping
- You must have a sleeping bag or equivalent
- You must cook at least one hot meal consisting of at least two food groups
- You must carry bathroom materials and equipment
- You must have the personal first aid equipment defined in handbook
- You must carry the following clothing: jacket or windbreaker, pair of socks
- Pack weight includes 1 quart of water
- You must either carry enough water for the duration of the campout or equipment to filter lake water
- If you share equipment or food with another person, your pack weights will be averaged